



# Organic Farming: Experience the Labour of Love

*The soil is the great connector of lives, the source and destination of all. It is the healer and restorer and resurrector, by which disease passes into health, age into youth, death into life. Without proper care for it we can have no community, because without proper care for it we can have no life.*

— Wendell Berry

Organic farming, originated early in the 20th century, is a technique of careful culturing using fertilisers of organic origin such as compost, manure, green manure, and bone meal and places emphasis on techniques such as crop rotation and companion planting. Biological pest control, mixed cropping and the fostering of insect predators are encouraged. In general, organic standards are designed to allow the use of naturally occurring substances while prohibiting or strictly limiting synthetic substances. The benefits of Organic food are several, like, sustainability, openness, independence, health, food security, and food safety.



This tour acquaints you with some of the plantations where this technique of compassionate farming is regularly practised and promoted. Far from the buzz of cities, enjoy the freshness of the greens of the Western Ghats. Taste the nectars and sweetness of the products, meet the farmers and plantation owners who take care of them as their own offsprings. Photographers would find their paradise with myriads of birds, animals, insects welcome you to their world. While getting lost in the nature, we add an extra spoon of cultural sweetness to your journey. Come and feel the magic of the world.



## THE ORGANIC ADVENTURE

### Day 1

*A Delicious Breakfast and embark on orienting yourself with the city. Admire the neo gothic architecture of a Church that may remind you of a Cathedral in Cologne, Germany. Spend the afternoon at a Palace; let your mind imagine a life of a bygone era. Enjoy a sumptuous spread of lunch. Visit a local temple atop a hillock. Enjoy the views of the city from the hillock. Learn about the right ways to worship Indian Deities, understand some Indian philosophy or chanting. A spectacular music and light show at the palace awaits you. Dinner and overnight*

### Day 2

*After enjoying a slow breakfast, discover some local factories that produce silk saris and sandalwood. Buy a colourful silk sari. Once lunch is over, go on a walk in the city, visit the bazaars and flower markets. Taste some of the local foods. Dinner and overnight.*

### Day 3

*Drive to a Tibetan settlement and watch the sunlight glimmer off the golden temple. Watch elephants with their mahouts. Experience the beauty of this gentle giant. Check into a beautiful hotel in the Scotland of India! Enjoy the sights and sounds and get ready for a cooking session. Dinner and overnight.*

### Day 4

*Eat a healthy breakfast made with food grown on the land. A farm tour and nature walk you can look forward to. Learn about the spices grown. After lunch, leave for a picturesque town full of coffee plantations. A welcome cup of filter coffee awaits your evening. Relax, dinner and enjoy the evening at hotel.*





#### *Day 5*

*A coffee plantation walk awaits you after breakfast. Discover coffee plants and it's berries. Learn about the different types of coffee grown and how it is processed into the product you and i are familiar with. Taste the types of coffee. Coffee museum , a place that you must visit and lunch. Drive further to a National Park. Maybe you will be lucky to spot an animal in the wild. Dinner and overnight.*

#### *Day 6*

*An early breakfast and drive to the next town known for it organic farms. But before that be in awe of waterfalls with 4 cascades. Check into farm resort. Interact with the urban farmers. Enjoy another culinary lesson. Dinner and overnight listening to the sounds of the wild.*

#### *Day 7*

*Relax and live the farmers life!*

#### *Day 8*

*Bid goodbye to our wonderful hosts after breakfast. Watch waterfalls enroute. Check into another farm resort. You will experience life off the grid. Enjoy a farm tour. Relax. Enjoy dinner and overnight.*

#### *Day 9*

*Enjoy a drive to a coastal state of India ; famed for its beaches and laid back lifestyle. Check into hotel. Enjoy some local Sightseeing. Visit the old towns or the many churches or simply enjoy a lazy day at the beach. Dinner and overnight.*

#### *Day 10*

*Breakfast and work on your tan at the beach. After lunch, visit a local factory that makes local brew made from cashews. Take in the sights and sounds of local life. Shop like a local and visit markets. Dinner and overnight.*

#### *Day 11*

*The final day in this coastal state of India. A day well spent at the beach. Get a temporary tattoo with a henna artist. Lunch. Drive to airport to fly out.*





## Journey Inclusions

- \* Airfare
- \* Airport Transfers.
- \* Sightseeing.
- \* Accommodation is arranged for a twin sharing basis in a standard double room in 4 star hotels (or similar standard) with all meals included.
- \* Driver fees, toll, parking.
- \* Same driver will be there with you for the entire trip.

## Journey Exclusions

- \* 4% service tax.
- \* Sightseeing Cost/Entrance fees.

## Hotels

All hotels are at 4 star quality. If in case of unavailability, good 3 star hotels with excellent reviews are arranged.



*This 11 days of nature's exploration can be extended for a more relaxed (with more touristic places) pampering for 14 or 18 days, depending upon the need. For more information, please contact us, [info@tripalfresco.com](mailto:info@tripalfresco.com) or [yuvrajharsha@tripalfresco.com](mailto:yuvrajharsha@tripalfresco.com).*



# Additional Features and Tours



*A few hours of visit to a national park and tiger reserve, that offers various interesting activities, like river rafting, wilderness camps, jungle rides, bird watching programs, sightseeing the natural caves, forest trekking. Quiet and attentive moments at your best, spot the animals and shoot away your camera, click click click !*

*For those who are keen on exciting activities to feel their adrenalin rush, rafting through the whites of a river would be a good option. One can also spot various flora and fauna in these jungles. Explore the outskirts of a forest with a short trek. A days activity will really refresh you inside out and cheer you up.*



*Trek through the jungles and visit the mighty milky white water falls, while enjoying a drizzling wet short train ride for a few hours. Simply an experience of a lifetime !*

*Poetry in Stones. A week long tour through ancient kingdoms from 6th to 13th century, observe the relics, ancient temples and excavated monuments which will fascinate you and take you to a different time. The rocky places will just give you an out of the world experience.*



*For more information to extend the Organic farm tour, please contact us.  
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