

## Instructions for travellers to East & Central Africa

All visitors travelling **from India to Kenya, Uganda, Rwanda, Nigeria, Mali, Ghana and Ethiopia are required to be vaccinated** against yellow fever with an international certificate proving so.

While there is no health check on departure from India, you will be checked upon your return. Thus, it is mandatory to be in possession of a valid international vaccination certificate of yellow fever before your departure. This certificate must be issued from an approved vaccination center.

Visitors travelling directly from India to South Africa, Tanzania, Zambia or Zimbabwe do NOT need a yellow fever vaccination. However, any person entering these countries from an infected area or having been in transit through infected areas must be in possession of a valid International Certificate of Vaccination against Yellow Fever.

### **When should I get the vaccination?**

The yellow fever vaccination needs to be given at least ten days before arriving in a yellow-fever-endemic area and must be administered at an approved yellow fever vaccination center.

### **What documents are required?**

To get a valid certification of yellow fever vaccination, you are required to bring your original passport and your international travel tickets. It is also recommended to have Rs 300 in change (cost of vaccination at govt. institutes).

### **What time should I show up for the vaccination?**

Most public health centres open at 9 am, Monday – Friday. However, there is a limited quota of vaccinations issued everyday (less than 100 usually). Thus, it is recommended to show up earlier in order to be ahead in the line.

### **How long is the yellow fever vaccine valid for?**

The yellow fever vaccination certificate is valid for ten years, after which a booster shot is recommended.

### **Can I be exempted from producing a vaccination certificate?**

The under mentioned persons are exempted from production yellow fever vaccination certificate:

- Infants below the age of six months.
- Any person suffering from some chronic illness and has poor resistance and is thereby exempted from being vaccinated.
- Crew and passengers of an aircraft transiting through an airport located in yellow fever infected area provided the Health Officer is satisfied that such persons remained within the airport premises during the period of stay.

### **What are the re-entry requirements by the Ministry of Health?**

The Ministry of Health, Government of India, has issued an advisory for passengers coming/returning to India from yellow fever endemic countries. Please read the full advisory here: [click to view PDF](#).

List of countries listed as YF endemic according to WHO

[Click here to view the list of yellow fever endemic countries as amended by WHO.](#) The Ministry of Health & Family Welfare, Government of India, follows this list.

### Can I get the vaccination in Kenya?

No, it is NOT advisable to take the vaccination in a Yellow Fever endemic country as it takes ten days for the vaccine to take effect.

### Gap between Oral Polio Vaccination (OPV) and Yellow Fever Vaccination

If you are travelling to Kenya, you will need to take the [OPV vaccination](#) as well as the Yellow Fever Vaccination. It is recommended you take both together, or else you may be forced to wait for a period of 1 month between the two vaccinations.

Where can I get the yellow fever vaccination?

**List of designated hospitals and clinics which administer the vaccine for yellow fever:**

**List of designated hospitals and clinics which administer the vaccine for yellow fever:**

S. No.	YELLOW FEVER VACCINATION CENTRE	Address	Officer Incharge	Date and Timing of Yellow Fever Vaccination Center	Contact Detail
<b>DELHI</b>					
1	AIRPORT HEALTH ORGANISATION, New Delhi	Airport Health Organization, New Building, Mahipalpur, Near Radisson Blu Hotel, On Approach Road to T-3 New Delhi-110037	Dr. Sanjay Mattoo, Airport  Health Officer	Monday , Tuesday, Thursday & Friday  2:00 PM – 4:00 PM	011-25655081 (O)  011-25655079 (F)
2	Armed Force Clinic, New Delhi	Dalhousie Road, New  Delhi-110011	Mr. Rajeev Mehra, Lt. Col, OIC Medical Stores	Monday – Friday  09:00 AM – 05:00 PM	011-23019405 (O)  011-23792356 (F)
3	Public Health Lab Building, Delhi	Near Gate 3, Vidhan Sabha Metro Station, Opp. Civil Lines Police Station, Alipur Road, Delhi	Dr. Ompal Singh	Monday & Friday  10:00 AM – 12:00 PM	011-23972058 (O)

4	Dr. RML Hospital, New Delhi	Yellow Fever Vaccination Centre, Room No. 2, Old College of Nursing, RML Hospital, New Delhi-110001	Dr. Smita Roy, Chief Medical Officer Dr. P.K. Das Chief Medical Officer (SAG)	Wednesday – 10 AM – 11.30 AM Saturday 9.30 AM – 11.00 AM	011-23404286 (O) 011-23404820 (O)
5	Health Department, International Inoculation Centre, New Delhi. <a href="#">Online appointment required!</a>	International Inoculation Centre, Near St. Thomas School, Mandir Marg, New Delhi-110001	Dr. Shakuntala Srivastav	Wednesday & Friday 2:00 PM – 4:00 PM	011-23362284 (O) 011-23742752 (F)
6	Commandant, Base Hospital, Delhi	Commandant, Base Hospital, Delhi Cantt., Delhi-10	Col. Amita Chaturvedi Lt. Col. Smita Moudgil	Monday-Friday 08:00 AM – 01:00 PM	011-23337008 (O)

#### WEST BENGAL

1	PORT HEALTH ORGANISATION, Kolkata	Port Health Organization Marine House, Kolkata-700022	Dr. M.K. Bag, Port Health Officer	Monday, Wednesday & Friday Registration: 12 PM – 12:30 PM, followed by vaccination.	033-22230904 (O) 033-22230414 (O) 033-22230435 (F)
2	AIRPORT HEALTH ORGANISATION, Kolkata	Airport Health Organization NSCBI Airport, Kolkata-700052	Dr. A.K. Mandal, Airport Health Officer	Tuesday & Thursday 12.00 PM -2.30 PM	033-25119044 (O) 033-25119370 (F)

3	All India Institute of Hygiene and Public Health (AIIPH&PH), Kolkata	Department of Microbiology All India Institute Of Hygiene & Public Health Bidhannagar Campus 27 & 27B J.C. Block, Sector III Salt Lake-700098 (Near Tank No.14) Kolkata	Dr. Chatopadhyay	Friday 11:00 AM- 01:00 PM	033-22412888 (O) 033-22418717 (F)
<b>MAHARASHTRA</b>					
1	AIRPORT HEALTH ORGANISATION, Mumbai	Airport Health Organization C.S.I. Airport, Next to Ambassador Sky Chef, Sahar, Andheri (E), Mumbai-400099	Dr. Amitabha Dan/ Dr. A.R. Passi	Monday ,Tuesday, Wednesday, Thursday & Friday, Registration 10.00 AM – 11.30 AM Vaccination timings 12.00 PM -01.00 PM	022-28392429 (O)
2	PORT HEALTH ORGANISATION, Mumbai	Seamen's Medical Examination Organisation & Yellow Fever Vaccination Center, Nav Bhavan Building, Ramjibhai Kamani Marg, Ballard Estate, Mumbai-400001	Dr. Deepak Sule, Port Health Officer	Monday ,Tuesday, Thursday & Friday, Wednesday Only for Seafarers (Original CDC Must)(Except Govt. of India Holidays)  10.30AM -12.30PM	022-22020027 (O) 022-22612256 (Enquiry Centre) 022-22020814 (F)
3	Station Health Organisation (Navy), Colaba	Station Health Organisation (Navy), Old Navy Nagar, Colaba, Mumbai-400005	Dr. Rajesh Batllish	Daily only for serving persons 09:00 AM – 1:00 PM*	022-22152080 (O) 022-22152080 (F)

4	Grant Medical College & Sir J. J. Groups of Hospital, Byculla, Mumbai	Vaccination Centre No. 50 OPD Building, J J Marg, Nagpada-Mumbai Central, Off Jijabhoy Road, Mumbai – 400 008	Dr. Lalit Sankhe, Associate Professor, Community Medicine	Monday to Friday 9:00 AM – 12:00 PM	022-23735555 (Ext.2309/2414)
5	Family Welfare Regional Training Centre, Mumbai	332, S.V.P. Road, Khetwadi, Mumbai, Maharashtra 400004	Dr. N. R. K. Behera	Wednesday and Friday 2:00 PM to 4:00 PM	022-23881724(O)
6	B.J. Govt. Medical College (BJMC), Pune	Jai Prakash Narayan Road, Near Pune Railway Station, Pune, Maharashtra 411001	Dr. Shelke	Every Monday and Tuesday 09.00 AM – 12.30 PM	020- 26126010 (O)
<b>TAMIL NADU</b>					
1	PORT HEALTH ORGANISATION, Chennai	Port Health Organisation, Rajaji Salai, Chennai- 600001	Dr. J. Kadhivelu, Port Health Officer	Monday & Wednesday 10:00 AM- 1:30 PM	044-25260038 (O) 044-25225858 (F)
2	King Institute of Preventive Medicine and Research, Chennai	King Institute of Preventive Medicine and Research, Guindy, Chennai-600032	Dr. Sasikala Rajkumar, Deputy Director	Tuesdays 10.00AM -12.00 PM & Fridays 10.00 AM -12.00 PM	044-22501520 (O) 044-22501521 (O) 044-22501263 (F)
3	PORT HEALTH ORGANISATION Tuticorin	Port Health Officer, Port Health Organization No. B-20, World Trade Avenue, New Harbour, Tuticorin-628004 Tamil Nadu	Dr. P. Poornima	Every Tuesday, 11:00 A.M. to 01:00 P.M.	0461-2353341 (O) 0461-2353314 (F)
<b>KERALA</b>					

1	PORT HEALTH ORGANISATION, Cochin	Port Health Organisation Willingdon Island Cochin-682009	Dr. K.A. Shyamini, Port Health Officer	Wednesday & Friday 10 AM -1.00 PM (excluding Public Holidays)	0484-2666060 (O) 0484-2666060 (F)
2	AIRPORT HEALTH ORGANISATION Cochin	Airport Health Organization Cochin International Airport Ltd. Nedumbassery, Cochin-683111	Dr. Raphael Teddy Airport Health Officer	Tuesday and Thursday (excluding public holidays) 09:30 AM – 11:30 AM	0484-2610255(O )
<b>ANDHRA PRADESH</b>					
1	PORT HEALTH ORGANISATION, Visakhapatnam	Port Health Organization Port Area, Visakhapatnam-35	Dr. Anit Gayen, Port Health Officer	Tuesday & Thursday 10 AM-1.30 PM	0891-2562681 (O) 0891-2562681 (F)
<b>TELANGANA</b>					
1	Institute of Preventive Medicine, Public Health Labs and Food (Health) Admin	Public Health Labs and Food (Health) Admn., Narayanaguda, Hyderabad-29	Dr. Ch. Lavanya , Medical Officer,	Tuesday and Friday 10:30 AM – 05:00 PM	965220029 (M)
<b>GUJARAT</b>					
1	GMERS Medical College attached General Hospital, Gandhinagar, Gujarat	Oppt. S.T. Depot, Sector No. 12, Gandhinagar, Gujarat- 382012	Dr. Bipin Nayak, Medical Superintendent	Monday 9.00 AM-12.00PM	079-23221931-32(O) 079-23221913 (O) 079-2322733 (F)
2	Bhavsinhji (General) Hospital, Porbandar	Near Railway Station, Porbandar, Gujarat	Dr. Manjiri Mankodi Chief District Medical Officer cum Civil Surgeon	Thursday 9:30 AM – 12:30 PM	0286-2242910 (O) 0286-242910 (F)

3	PORT HEALTH ORGANISATION, Kandla	Port Health Organization Kandla Port, New Kandla Kutch District – 370210	Dr. S.P. Singh, Port Health Officer	Thursday  10 AM-1.00 PM	02836-270220 (O)  02836-270189 (F)
4	A.M.C., Health E.P.I. Department, Ahmedabad	Yellow Fever Vaccination Center, Sardar Patel Bhavan, Ahmedabad Municipal Corporation Head Office, Ground Floor, Danapith, Ahmedabad-1	Dr. Amit Begda	Tuesday & Thursday  11:00 AM – 5:00 PM	079-25391811  Extn.- 698
5	Guru Gobind Singh Govt. Hospital, Gujarat	Pandit Nehru Marg  Jamnagar-361008, Gujarat	Dr. P.M. Gosai, RMO	Monday and Thursday  03:00 PM – 05:00 PM	0288-2554629 (O)  0288-2679592 (F)
6	Civil Hospital, Surat	Jay Prakash Narayan Marg, Majura Gate, Surat-395002	Dr. Vadel, Medical Superintendent	Every Thursday  10:00 AM-2:00 PM	0261 224 4985 (O)
<b>GOA</b>					
1	PORT HEALTH ORGANISATION, Marmagao	Port Health Organisation  Marmagao Harbour, Goa-403803	Dr. Mangesh Patil, Port Health Officer	Thursday  9.00 AM – 12.00 PM	0832-2520292 (O)  0832-2520292 (F)
2	Urban Health Centre, Panaji	Urban Health Centre, Behind National Theatre Panaji, Goa	Dr. Preetam P. Naik, Health Officer	Every Wednesday  09:00 AM – 1:00 PM	0832-2426495 (O)
3	Urban Health Centre, Margao, Goa	Padre Miranda Rd, Pajifond, Margao, Goa  403601	Dr. Martina Fernandes	Every Friday  9:00 AM to 12:00 PM	0832-2426495 (O)
<b>HIMACHAL PRADESH</b>					

1	Treatment Centre, Central Research Institute, Kasauli	Treatment Centre, Central Research Institute, Kasauli, Himachal Pradesh-173204	Dr. Santosh Kutty, CMO(SAG)	Monday & Thursday 2:00 PM – 4:00 PM	01792-272538 (O) 01792-273209 (O) 01792-272016 (F)
<b>KARNATAKA</b>					
1	Public Health Institute, Bengalure	Joint Director (Labs), Public Health Institute, Sheshadri Road, Opp. S.J. Polytechnic, Bengalure-560001	Dr. Ramesh	Wednesday 10:30 AM – 12:00 PM	080-22210248 (O) 080-22277389 (F)
<b>UTTAR PRADESH</b>					
1	King George's Medical University, UP, Lucknow-226003	Department of Community Medicine & Public Health, KGMU, Lucknow	Dr. Jamal Masood	Thursday 10:00 AM – 1:00 PM	0522-2257343 (F)
<b>DAMAN &amp; DIU</b>					
1	Community Health Centre, Moti Daman	Fort Area, Moti Daman, Daman Union Territory – 396 210	Dr. Sangeeta Joshi	1st and 3rd Tuesday of Every Month 9:30 AM – 12:30 PM	0260-2230847 (O)
2	Community Health Centre, Ghoghla, Diu	Community Health Center, Ghoghla, Diu(U.T.)	Dr. Sahoo	1st and 3rd Tuesday of Every Month 9:30 AM – 12:30 PM	02875-252244 (O)
<b>ODISHA</b>					
1	AIIMS, Bhubaneshwar	Patrapada, Chotaraypur, Dumduma, Bhubaneshwar, Odisha – 751019	Dr. Pragya, Dr. Vikas Bhatia	Monday and Thursday – 9:00 AM – 1:00 PM	0674 – 2476789 (O)



<b>CHATTISGARH</b>					
1	District Hospital, Raipur	Janta Colony, Raipur, Chhattisgarh 492001	Dr. V. R. Bhagat	2nd Wednesday of Every Month 9:00 AM – 1:00 PM	077140 44108 (O)
2	AIIMS, Raipur	Tatibandh, G E Road, Raipur, Chhattisgarh – 492 099	Dr. Anjan Giri	Wednesday 10:00 AM – 1:00 PM	0771 2572240 (O)
<b>MADHYA PRADESH</b>					
1	AIIMS Bhopal	Immunization Clinic, Hospital Building, AIIMS Bhopal, Saket Nagar, Bhopal, Madhya Pradesh, India,  Pin: 462 020	Dr. Sanjeev Kumar	Wednesday 09:00 AM- 1:00 PM	0755 290 2607 (O)
<b>BIHAR</b>					
1	AIIMS Patna	Room No. 11, Dept. of CFM, AIIMS Patna, Phulwari  Sharif, Patna, Bihar- 801505	Dr. Pragya Kumar	Every Tuesday, Registration: 09:00 AM- 11:00 AM Vaccination: 10:00 AM- 12:30 PM	0612-2451051

\* Contact the centre before visiting vaccination centre.

#### **Delhi:**

- Airport Health Organization
- Armed Forces Clinic – Dalhousie Road, New Delhi
- Municipal Corporation of Delhi – Minto Road
- Dr. RML Hospital New Delhi
- International Inoculation Centre New Delhi – Mandir Marg
- Commandant Base Hospital Delhi – Kirby Place

#### **Mumbai**

- Airport Health Organization Mumbai
- Port Health Organization Mumbai (Ballard Estate)
- Station Health Organisation (Navy) – Colaba
- J J Hospital Byculla, Mumbai.

Information for JJ Hospital Byculla

Visit the OPD Department of the Hospital (Entry through Gate No. 6 of the Hospital)

From the Central Counter (It is right in the middle with many Windows (go to window no. 11). Even though it is not a room, it is Numbered as Room Nos. 11) take a Slip (for first time registration as an OPD patient) by showing your passport and Pay Rs. 10  
Then go to Room No. 50 and request them for the Yellow Fever vaccination. They are very helpful and will guide you further.  
Please note timings are from 9.30 to 12.30 only. You need to reach hospital before 12.00 to complete the process within the time.

#### **Chennai**

- King Institute of Preventive Medicine, Guindy
- Port Health Organization Chennai
- King Institute of Preventive Medicine and Research Guindy

#### **Bangalore**

- Public Health Institute Bengaluru, Seshadri Road

#### **Hyderabad**

- Institute of Preventive Medicine Hyderabad – Narayanaguda

#### **Kolkata**

- Port Health Organization Kolkata
- Airport Health Organization Kolkata
- All India Institute Of Hygiene & Public Health Kolkata

#### **Cochin**

- Port Health Organization Kerala

#### **Ahmedabad**

- Ahmedabad Municipal Corporation

#### **Gandhinagar**

- General Hospital Gandhinagar

#### **Goa**

- Urban Health Centre Goa, Panaji
- Port Health Organization Goa (Marmugao)

#### **Jamnagar**

- Guru Gobind Singh Govt. Hospital Jamnagar

#### **Kandla**

- Port Health Organization Gujarat

#### **Kasauli**

- Central Research Institute Himachal Pradesh

#### **Lucknow**

- Balrampur Hospital Lucknow – Gola Ganj

#### **Porbandar**

- Bhavsinhji General Hospital Porbandar

#### **Visakhapatnam**

- Port Health Organization Visakhapatnam

**A word of advice:** Yellow fever vaccines are good for 10 years after you take them. If you have safari plans for the future, we suggest you take the vaccine while the supplies are abundant. That way, no long waits and anxious lines when it comes to travel. With visa on arrival facilities available, you can simply hop on a plane and start your safari in no time.

**Note:** The information above is to the best of our knowledge. While we make all efforts to have accurate and reliable details updated here, it is recommended that you cross-check the information with the respective authorities before taking any decisions.

## **ORAL POLIO VACCINATIONS DETAILS**

**Here are some frequently asked questions regarding Oral Poliovirus Vaccination (OPV) requirements for travellers from India:**

Sample copy of Polio certificate

**Certificate of Oral Polio Vaccination for international travellers**  
(Valid for one year from date of vaccination)

Name: \_\_\_\_\_ Sex: \_\_\_\_\_  
 Passport No: \_\_\_\_\_ Date of Birth/Age: \_\_\_\_\_  
 Address: \_\_\_\_\_

Date of vaccination	Name of Manufacturer	Batch number of vaccine	Name, Signature and stamp of designated officer

*Sample OPV Certificate*

**Is the Oral Polio Vaccination required?**

All visitors travelling **from India to Kenya, Ethiopia, Nigeria, Somalia, Syria, Afghanistan and Pakistan are required** to undergo a dose of Oral Polio Vaccine (OPV).

This requirement is also necessary for travellers coming from polio-endemic (Afghanistan, Nigeria, Pakistan) and countries with poliovirus in circulation following importation (Kenya, Ethiopia, Somalia, and Syria) to India.

**Since when has this become a requirement?**

The Ministry of Health and Family Welfare, Government of India, has made this a mandatory requirement from March 1, 2014. This development is due to the fact that India has been declared 'polio-free' by WHO as no new cases of polio have been detected in the past three years. This also aligns with the [Ministry of Health and Family Welfare's Pulse Polio Programme](#).

**When should I get the vaccination?**

Indian residents travelling from India to the seven polio infected countries are required to receive a dose of OPV at least 4 weeks before travel, regardless of age and vaccination status.

*If you were not aware of the OPV requirement and need to travel in less than 4 weeks.*

*Firstly, we understand your anxiety. Secondly, from our experience, if you take the OPV vaccination in India before your departure (even if it is less than 4 weeks), Indian immigration officials seem to be okay with it. It's a new rule so they are being a little flexible. However, we cannot say with any guarantee that you will be permitted back into India without any problem. Only the immigration officials can guarantee that, so request you to contact the ministry for further assurances. Lastly, please know that we are travel consultants ourselves doing our best to provide relevant and valid information. Request you to verify the information provided here by contacting the relevant authorities.*

**Where can I get the vaccination?**

Each district in India has designated at least one center where the vaccination with OPV will be provided to travellers and OPV vaccination certificate will be issued. The District Immunisation Officer is the designated official for issue of the OPV vaccination certificate to travellers.

For (click on individual state links) :

- [Karnataka](#)
- [Delhi](#)
- [Tamil Nadu](#)
- [Maharashtra](#)
- [Kerala](#)

For other states, contact us : [Trip Alfresco, Bangalore](#)

**Are there any charges for the OPV or the vaccination certificate?**

No, it is free of cost.

**How long is the vaccination valid for?**

Once you've received the polio vaccination, it is not required for a period of one year.

**I've already received the OPV vaccination. Do I have to get it again?**

Yes! The majority of people infected with the polio virus do not develop paralysis and remain apparently healthy. However, they are capable of carrying the polio virus in their intestine and spreading it. The polio virus spreads through contaminated food and water. When individuals do not have intestinal immunity, the polio virus multiplies in the gut and is excreted by the infected person.

After receiving the vaccination, the ability of the intestine to prevent multiplication and shedding of the virus decreases over time. Therefore, adults and children who have received the vaccination earlier are capable of multiplication and shedding of the virus.

An additional dose of OPV given at least 4 weeks prior to travel boosts the immunity of the intestine and reduces the chances of the virus being carried by travellers.

**I've already taken a dose of OPV? Is it safe to take it again?**

Yes.

**Is the vaccination safe for children?**

Yes.

**I am a foreign resident staying in India (not belonging to one of the polio infected countries). I am planning to visit Kenya, Somalia, Ethiopia, Syria, Nigeria, Afghanistan or Pakistan. Do I have to get OPV?**

No, it is not mandatory for you to take the OPV. However, you are advised to take a dose of OPV for your own protection.

**I am transiting through one of the polio infected countries. Do I need to take the OPV?**

No, passengers in transit through Kenya, Somalia, Ethiopia, Syria, Nigeria, Afghanistan or Pakistan do not have to take a dose of OPV.

**I've been vaccinated with IPV (Inactivated Poliovirus Vaccine). Do I have to take OPV as well?**

Yes, as you need to take a dose of OPV. Individuals who receive IPV are still capable of shedding and multiplication of the poliovirus.

**My child received inactivated poliovirus vaccine (IPV) a few days ago? Should s/he take the virus get the OPV?**

Yes, it is important for your child to get OPV to boost gut immunity.

**My child has received all OPV doses under the regular immunisation schedule. Is it safe for my child to get an additional OPV dose?**

Yes, it is safe to give this additional dose of OPV to your child.

**Do I need to take a dose of OPV every time I visit a polio infected country?**

No, if the travel is within 1 year of taking the dose of OPV. If it is longer than 1 year, you will have to take an additional dose of OPV.

**Can I get the vaccination certificate from my doctor or any other medical practitioner?**

No, poio vaccination certificate can only be issued by the DIO (District Immunisation Officer) or a center designated by the DIO.

**What if I lose my vaccination certificate?**

People who lose their vaccination certificate will be considered unvaccinated. You will have to get an additional dose of OPV and get a new vaccination certificate.

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