



Our firm also specialise in organising meetings, incentives, conference, exhibition (MICE) related events and offer travel support in arranging accommodations abroad and tickets.



## ADD ON PROGRAMS



In addition to exploration, we encourage fitness activities via different regimes. We understand the importance of fitness, especially during our time-consuming desk jobs, hence, a solution. We, in association with our sister company, *Fitness Rhythm*, offer fitness programs, like Yoga, Zumba classes by expert fitness trainers at the comfort of your work place.

Furthermore, on alternate weekends, as cardio work outs, we either pedal together on cycle rides or take hikes.



TRIP ALFRESCO

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## TRIP ALFRESCO

FOR THOSE EXPLORE, NOT JUST TRAVEL



**Trip Alfresco** — a specialised tour operator with the primary objective to explore, acquaint and inform/guide. We offer specialised theme based travels, focusing on different essences of nature and society, either in India or abroad.

Each theme is developed after a thoughtful, exhaustive research session by our team of travel enthusiasts in support of historians and experts. The itinerary of selected places would offer only the facts of the theme for your exploration, bundled with a lots of fun, adventure and relaxation for an ideal vacation.

Basically, a learning process in the comfort of alfresco !

**Come and explore with us !**





We value every minute of holidays, and understand the time consuming arrangements, bookings and hassles. Leave it us, with a choice of your theme, and we take care of the rest. Our holiday packages are designed to acquaint you with something new by special interactions with experts and sights that to get you amazed. Some of our themes include, Spirituality, Indian classical dance, Indian classical music, Astronomy, Yoga, Ayurveda, Organic farming, Rural India, Indian food, to name a few. And, if you have own theme that you would want us to prepare, organise and guide you through, we do that too.

Indeed, there would be a whole lot of fun, adventure and relaxation, besides your theme.

Give us a call or mail us to know more and book your holidays. Our team would be happy to support.

## OUR IDEOLOGY

Ever thought of traveling in search of answers, to explore something enchanted and mysterious or traveling with an objective, then we can help. While conventional tour operators offer either regionally based or generalised theme to attract clients, we try to look for meaning, a reason, a theme to learn and explore by cycle or usual mode of transportation. Here are some of themes. Please visit our site for more.





### SPICE TRIP

Get acquainted with the history of spice trade, spice cultivation, meet the farmers and plantation owners, and even learn to cook with spices in efficient ways.



### ORGANIC FARM TRIP

Visit different organic farming regions in India, learn about their novel idea and solutions to challenges, taste their products of the fertile Indian soils. Soil your hands by helping them in farming.



### AYURVEDA TRIP

Learn the origin, history, and a few treatment methods by close interaction with some gurus and experts of *Ayurveda*. Also, get rejuvenated by a relaxing *Ayurvedic* massage.



### YOGA YATRA

Visit the birth place of Yoga, interact with the *yogis*, practice some postures and learn about the benefits in their supervision.



### INDIAN FOOD JOURNEY

This trip guides through the diversity in culinary taste & flavour of India. Travellers would learn, through a chef's perspective, about different dishes/ cuisines, information on the staple crops of certain region, their cultural/ historical and seasonal influence. Discover the health & fitness benefits from a dietician. Also, try pairing wine and food.



### RURAL INDIA EXPLORATION

Learn some of the arts, culture, food and immense love bestowed by the villagers. The tour attempts to give attention back to our rural areas, interact with the villagers, help in some of their day today activities, learn some of their arts and traditions. But most importantly, the tour offers to share smiles.